## **AUTOMOBILE ACCIDENT QUESTIONNAIRE**

| Patient's Name:  |   | Today's Date:  |
|--|---|--|
| Date of Accident:  |   |  |
| THE FOLLOWING QUESTIONS PERTAIN TO YOUNG Vehicle type:  Car Pickup  Van Truck  Station Wagon Bus  Other  | <u>Vehicle</u><br>□Subcompact<br>□Compact<br>□Mid-size    | <u>e size</u> :<br>□Full-size<br>□Mini                                     |
| Your position in the vehicle:  □ Driver □ Passenger Location □ Left □ Other □ Front Passer   |   |  |
| Speed of your vehicle:  □Stopped □Moving Moderately □Parked □Moving Fast □Slowing □Moving at apprxMPH □Moving Slowly   | ☐Traffic Signal☐Pedestrian                                |  |
| Collision Type:  □ Driver Side Impact □ Passenger Side Impact □ Front Impact □ Pedestrian Incident   |   |  |
| THE FOLLOWING QUESTIONS CONCERN THE  Vehicle type:  □ Car □ Pickup □ Van □ Truck □ Station Wagon □ Bus □ Other   | <u>Vehicle</u><br>□Subcompact<br>□Compact<br>□Mid-size    | <u>e size</u> :<br>□Full-size<br>□Mini                                     |
| CONDITIONS AT THE TIME OF THE ACCIDENT.  Time of day:  Full daylight  Dry  Damp  Dusk  Wet  Snow covered  Ice covered  Patchy Ice/Snow   | :<br>Visibility:<br>□Excellent<br>□Good<br>□Fair<br>□Poor | Visibility compromised by: ☐Brightness ☐Darkness ☐Rain ☐Snow ☐Fog ☐Traffic |
| THE FOLLOWING QUESTIONS CONCERN THE Were you  ☐ Totally unaware that the accident was impending ☐ Aware that the accident was impending ☐ Aware that the accident was impending and brace. | Restra<br>g □Seat<br>□Shou                                | ints: (check all that apply)   |
| If you were the driver of the vehicle, was your foot or  | <u>n the brake pedal?</u> ☐Y                              | es ☐No ☐Knocked off by impact  |
| Was the air bag deployed?       What pos         □ Car not equipped with air bag       □ High pos         □ Air bag deployed       □ Middle         □ Air bag not deployed       □ Low pos | position  | drest in?  |

| Position of YOUR head at time | e of impact?  |                | Was you            | <u>ur head thro</u> | <u>wn?</u>                  |
|-------------------------------|---------------|----------------|--------------------|---------------------|-----------------------------|
| ☐Facing straight ahead        |               |                | □Backw             | vard and ther       | n forward                   |
| ☐Tilted forward               |               |                | □Forwa             | rd then back        | ward                        |
| ☐Rotated to the left          |               |                | ☐To the            | e left 🔲 To         | the left then the right     |
| ☐Rotated to the right         |               |                | ☐To the            |                     | the right, then the left    |
| S .                           |               |                |                    | J                   | 3 ,                         |
|                               |               |                |                    |                     |                             |
| Position of Your body at time | of impact?    | Was your body  |                    |                     |                             |
| Straight                      |               | ☐Backward an   |                    |                     |                             |
| ☐Tilted forward               |               | ☐Forward ther  |                    |                     |                             |
| ☐Rotated to the left          |               | ☐To the left   | ☐To the            | e left then the     | e right                     |
| ☐Rotated to the right         |               | ☐To the right  | ☐To the            | right, then t       | he left                     |
|                               |               | ☐Across the ve | ehicle             |                     |                             |
|                               |               | ☐Outside the v | ehicle [           | ☐Under the          | vehicle                     |
| Demogra to vahiola VOII ware  | ini           |                | Citation           |                     |                             |
| Damage to vehicle YOU were    | <u> </u>      | □None          | Citation<br>issued | <u>s.</u>           |                             |
| ☐Incurred minimal damage      |               |                |                    |                     |                             |
| ☐ Incurred moderate damage    |               | ☐Your          |                    |                     | •                           |
| ☐Incurred severe damage       |               |                |                    |                     | is a passenger of           |
| ☐Was totaled                  |               |                | er of other        | vehicle             |                             |
| ☐Not known                    |               | □Not s         | sure               |                     |                             |
| AS A RESULT OF THE FORCE      | OF THE COLL   | SION. WHICH (  | OBJECTS            | IN THE VEH          | HICLE DID YOUR BODY STRIKE? |
| <u>Head</u>                   |               | ,              |                    | Left Arm            |                             |
| ☐Steering wheel               | ☐Right door   |                | Steeri             | ng wheel            | ☐Right door                 |
| □Dashboard                    | Left window   |                | □Dashb             | _                   | ☐Left window                |
| □Windshield                   | ☐Right window | 1              | □Winds             |                     | ☐Right window               |
| □Armrest                      | Console       |                | Armre              |                     | ☐ Console                   |
| Headrest                      | ☐Gear shift   |                | Headr              |                     | ☐Gear shift                 |
| Rear view mirror              | ☐Front seat   |                |                    | iew mirror          | ☐Front seat                 |
| Left door                     | Backseat      |                | Left do            |                     | □Backseat                   |
|                               |               |                |                    |                     |                             |
| Right Arm                     | _             |                | _                  | <u>Torso</u>        | _                           |
| ☐Steering wheel               | ☐Right door   |                |                    | ng wheel            | ☐Right door                 |
| ■Dashboard                    | ☐Left window  |                | □ Dashb            | oard                | ☐Left window                |
| ☐Windshield                   | ☐Right window | 1              | ☐Winds             | shield              | ☐Right window               |
| □Armrest                      | □ Console     |                | □Armre             | st                  | ☐Console                    |
| □Headrest                     | ☐Gear shift   |                | □Headr             | est                 | ☐Gear shift                 |
| ☐Rear view mirror             | ☐Front seat   |                | ☐Rear \            | iew mirror          | ☐Front seat                 |
| ☐Left door                    | □Backseat     |                | ☐Left do           | oor                 | □Backseat                   |
| loft log                      |               |                |                    | Diabtles            |                             |
| Left Leg                      | Dialet de en  |                | _                  | Right Leg           | DD: det de en               |
| ☐Steering wheel               | ☐Right door   |                |                    | ng wheel            | ☐Right door                 |
| Dashboard                     | Left window   |                | Dashb              |                     | ☐ Left window               |
| Windshield                    | ☐Right window | 1              | □Winds             |                     | ☐Right window               |
| Armrest                       | Console       |                | Armre              |                     | Console                     |
| Headrest                      | ☐Gear shift   |                | Headr              |                     | ☐Gear shift                 |
| Rear view mirror              | ☐Front seat   |                |                    | iew mirror          | ☐Front seat                 |
| ☐Left door                    | □Backseat     |                | ☐Left do           | oor                 | □Backseat                   |
| THE FOLLOWING QUESTIONS       | S CONCERN TH  | IE TIME PERIOI | ) IMMED            | ATELY FOI           | LOWING THE ACCIDENT:        |
| Did you lose consciousness?   |               |                |                    |                     | accident, did you feel?     |
| □Yes                          |               | Dizz           |                    | <b>⊒</b> Weak       | <del></del>                 |
| □No                           |               | ☐ Daze         |                    | □Nervous            |                             |
|                               |               | □Diso          |                    | □Nauseated          | I                           |

| Were you able to walk       | <u>unaided</u> ? |               | did you go?        |               |               |                                  |
|-----------------------------|------------------|---------------|--------------------|---------------|---------------|----------------------------------|
| □Yes                        |                  |               | e home             |               |               | e to work                        |
| □No                         |                  | □Was          | driven home        |               | □Was          | driven to work                   |
|                             |                  | ☐Drov         | e to hospital      |               | ☐Drov         | e to school                      |
|                             |                  | □Was          | driven to hospita  | al            | □Was          | driven to school                 |
|                             |                  | □Take         | en to hospital via | ambula        | nce           |                                  |
| Next day discomfort.        | <u>?</u>         |               | Did yo             | ur majo       | r compl       | aints exist before the accident? |
| □increased □decreas         | ed <b>□</b> same |               | □Yes               | <b>□</b> No   |               |                                  |
| In what areas did you       | IMMEDIATELY      | feel pai      | <u>n?</u>          |               |               |                                  |
| □Head                       | Shoulder         | Left          | □Right             | Hip           |               | □Right                           |
| □Neck                       | Arm              | Left          | □Right             | Thigh         | □Left         | □Right                           |
| ☐Upper back                 | Elbow            | Left          | □Right             | Knee          | □Left         | □Right                           |
| ☐Mid back                   | Wrist            | Left          | □Right             | Calf          | □Left         | □Right                           |
| □Ribs                       | Hand             | Left          | □Right             | Ankle         | □Left         | □Right                           |
| ☐ Chest                     | Fingers          | Left          | □Right             | Foot          | □Left         | □Right                           |
| Abdomen                     | Buttock          |               | □Right             | Toes          |               | □Right                           |
| ☐Low Back                   |                  |               | J                  |               |               | 3                                |
| □Pelvis                     |                  |               |                    |               |               |                                  |
| In what areas did you       | experience lace  | erations      | (cuts)?            |               |               |                                  |
| □Head                       | Shoulder         |               | Right              | Hip           | □Left         | □Right                           |
| □Neck                       | Arm              |               | □Right             | Thigh         |               | □Right                           |
| ☐Upper back                 | Elbow            |               | □Right             | Knee          |               | □Right                           |
| ☐Mid back                   | Wrist            |               | Right              | Calf          |               | □Right                           |
| ☐Ribs                       | Hand             |               | □Right             | Ankle         |               | □Right                           |
| Chest                       | Fingers          |               | □Right             | Foot          |               | □Right                           |
| Abdomen                     | Buttock          |               | □Right             | Toes          |               | □Right                           |
| □Low Back                   | Battock          | LCIT          | <b>—</b> ragin     | 1003          | LCIT          |                                  |
| □Pelvis                     |                  |               |                    |               |               |                                  |
| At the hospital, what a     | areas were x-rav | ved?          |                    |               |               |                                  |
| ☐Head                       | Shoulder         | □Left         | □Right             | Hip           | □Left         | □Right                           |
| □Neck                       | Arm              | Left          | -                  | Thigh         |               | □Right                           |
| ☐Upper back                 | Elbow            |               | □Right             | Knee          |               | □Right                           |
| ☐Mid back                   | Wrist            | Left          | □Right             | Calf          |               | □Right                           |
| Ribs                        | Hand             | Left          | _                  | Ankle         |               | □Right                           |
| _                           |                  |               | •                  |               |               | <u> </u>                         |
| ☐ Chest                     | Fingers          |               | Right              | Foot          |               | Right                            |
| Abdomen                     | Buttock          | Len           | □Right             | Toes          | Len           | □Right                           |
| ☐Low Back                   |                  |               |                    |               |               |                                  |
| Pelvis                      | anaa nain an th  | a day E       | OLLOWING the       | a a a i d a n | 42            |                                  |
| Where did you experied Head | -                |               |                    |               |               | DD:abt                           |
|                             | Shoulder         |               | ☐Right             | Hip           |               | Right                            |
| Neck                        | Arm              |               | Right              | Thigh         |               | Right                            |
| Upper back                  | Elbow            |               | Right              | Knee          |               | Right                            |
| ☐Mid back                   | Wrist            |               | Right              | Calf          |               | Right                            |
| Ribs                        | Hand             |               | Right              | Ankle         |               | Right                            |
| Chest                       | Fingers          |               | Right              | Foot          |               | Right                            |
| Abdomen                     | Buttock          | <b>∟</b> Left | □Right             | Toes          | <b>∟</b> Left | □Right                           |
| Low Back                    |                  |               |                    |               |               |                                  |
| □Pelvis                     |                  |               |                    |               |               |                                  |

The Wellness  $Score^{\scriptscriptstyle TM}$ 

## **Medical Symptoms Questionnaire (MSQ)**

|                  | Date:  |              |
|------------------|--|--------------|
| Email Address    | ;  |              |
| Rate each of the | e following symptoms based upon your typical health profile for the past   | t 30 days.   |
| Point Scale      | <ul> <li>0 - Never or almost never have the symptom</li> <li>1 - Occasionally have it, effect is not severe</li> <li>2 - Occasionally have it, effect is severe</li> <li>3 - Frequently have it, effect is not severe</li> <li>4 - Frequently have it, effect is severe</li> </ul> |              |
| Head             | Headaches Faintness Dizziness Insomnia   | Total        |
| Eyes             | Watery or Itchy Eyes Swollen, Reddened or Sticky Eyelids Bags or Dark Circles Under Eyes Blurred or Tunnel Vision (does not include near or far-sighted)   | Total        |
| Ears             | Itchy Ears Earaches, Ear Infections Drainage from Ear Ringing in Ears, Hearing Loss  | Total        |
| Nose             | Stuffy Nose Sinus Problems Hay Fever Sneezing Attacks Excessive Mucus Formation  | Total        |
| Mouth/<br>Throat | Chronic Coughing Gagging, Frequent Need to Clear Throat Sore Throat, Hoarseness, Loss of Voice Swollen or Discolored Tongue, Gums, or Lips Canker Sores  |              |
| Skin             | Acne Hives, Rashes, Dry Skin Hair Loss Flushing, Hot Flashes Excessive Sweating  | Total  Total |
| Heart            | Irregular or Skipped Heartbeat Rapid or Pounding Heartbeat Chest Pain  | Total        |

| Chest Congestion                    |   |
|-------------------------------------|---|
|                                     |   |
| Shortness of Breath                 |   |
| Difficulty Breathing                |   |
|                                     | Total   |
| Nausea, Vomiting                    |   |
| Diarrhea                            |   |
| Constipation                        |   |
| Bloated Feeling                     |   |
| Belching, Passing Gas               |   |
|                                     |   |
| Intestinal/Stomach Pain             | Total   |
|                                     | 10tai   |
| Pain or Aches in Joints             |   |
| Arthritis                           |   |
| Stiffness or Limitation of Movement |   |
| Feeling of Weekness or Tirodness    |   |
| recning of weakness of Theuliess    | Total   |
|                                     |   |
|                                     |   |
| Craving Certain Foods               |   |
| Excessive weight                    |   |
| Wester Potentian                    |   |
|                                     |   |
| Olderweight                         | <b>Total</b>  |
| Full of Classification              |   |
|                                     |   |
| Apatny, Letnargy                    |   |
| - ·                                 |   |
| Resuessiess                         | Total   |
|                                     |   |
| Poor Memory                         |   |
| Confusion, Poor Comprehension       |   |
| Poor Concentration                  |   |
| Poor Physical Condition             |   |
|                                     |   |
|                                     |   |
|                                     |   |
| Learning Disabilities               | Total   |
|                                     | <b>Total</b>  |
| Mood Swings                         |   |
| Anxiety, Fear, Nervousness          |   |
| Anger, Irritability, Aggressiveness |   |
| Depression                          | m · ·   |
|                                     | Total   |
| Frequent Illness                    |   |
| Frequent or Urgent Urination        |   |
| Genital Itch or Discharge           |   |
|                                     | <b>Total</b>  |
|                                     | Asthma, Bronchitis Shortness of Breath Difficulty Breathing  Nausea, Vomiting Diarrhea Constipation Bloated Feeling Belching, Passing Gas Heartburn Intestinal/Stomach Pain  Pain or Aches in Joints Arthritis Stiffness or Limitation of Movement Pain or Aches in Muscles Feeling of Weakness or Tiredness  Binge Eating/Drinking Craving Certain Foods Excessive Weight Compulsive Eating Water Retention Underweight  Fatigue, Sluggishness Apathy, Lethargy Hyperactivity Restlessness  Poor Memory Confusion, Poor Comprehension Poor Physical Condition Difficulty in Making Decisions Stuttering or Stammering Slurred Speech Learning Disabilities  Mood Swings Anxiety, Fear, Nervousness Anger, Irritability, Aggressiveness Depression  Frequent Illness Frequent Urination |